

Pain relief after your operation

After your anaesthetic you will stay in the post-anaesthetic care unit (PACU), where additional pain relief and anti nausea medications can be administered through the intravenous drip until you are comfortable and ready to go home. A small number of patients will stay in hospital and these medications can continue to be administered through the drip or orally.

For most hysteroscopies, D&C, and other minor gynaecological procedures, patients experience minimal pain after going home. Simple over the counter pain relief medications such as paracetamol and/or non-steroidal anti-inflammatory drugs (such as ibuprofen) are generally adequate. You will be discharged with additional pain relief if this is required.

For laparoscopic procedures, there can often be some pain after going home. It is recommended that simple pain relief medications be taken regularly for a few days. Paracetamol can be started on the day of the operation and non-steroidal anti-inflammatory drugs (such as ibuprofen) can be started on the day after. You will be discharged home with stronger pain relief medication such as oxycodone to be taken when needed. You will be advised if these are not suitable and alternatives will be provided.

If there are any further queries, please contact my rooms
Anaesthetic Services
Suite 8, Level 5, The Epworth Centre
32 Erin St
Richmond VIC 3121
Phone 03 9427 7899
Fax 03 9428 6321
Email bookings@anaestheticservices.com.au



Information about your Anaesthetic



Dr Alan Tse MBBS FANZCA
Specialist Anaesthetist

My name is Dr Alan Tse, a Specialist Anaesthetist; I will be looking after you during your operation or procedure.

In 2003, I graduated from the University of Melbourne after being admitted to the degrees of Bachelor of Medicine and Bachelor of Surgery.

Having completed my internship at the Royal Melbourne Hospital, this was followed by two years of residency at the Royal Melbourne Hospital and the Monash Medical Centre.

My postgraduate specialist training in anaesthesia was based at the Royal Melbourne Hospital, but also included time at the Royal Women's Hospital, Royal Children's Hospital and Western Health.

I completed a fellowship in Obstetric Anaesthesia at the Royal Women's Hospital in Melbourne before achieving my specialist qualification, Fellowship of the Australian and New Zealand College of Anaesthetists.

I am appointed to the Royal Women's Hospital as a specialist anaesthetist. In addition, I attend a number of private hospitals including St Vincent's Private Hospital, Epworth Healthcare, Frances Perry Hospital, Northpark Private Hospital, Western Private Hospital and Warringal Private Hospital.

My main sub-speciality interest is anaesthesia for obstetric and gynaecological surgery but I also maintain a wide ranging practice that includes anaesthesia for orthopaedic surgery, urological surgery and endoscopy.

I am a member of the Anaesthetic Services, the Australian Society of Anaesthetists, the Australian Medical Association and the Australian Chinese Medical Association of Victoria.

I am the proud father of one daughter, and I'm a passionate member of the Hawthorn football club.

Estimate of Medical Fees - Anaesthesia

The Australian Medical Association (AMA) and the Australian Society of Anaesthetists (ASA) publish an annual guide to assist anaesthetists in setting fair and reasonable professional fees. The following indicates the likely **out of pocket** for anaesthesia services associated with your operation or procedure. This represents the part of the cost of the service, which you, or the financially responsible person, will **pay yourself** where the Medicare and health insurance fund rebates do not cover the entire cost of the anaesthetist's fees.

Please note that it is an **estimate** and it refers only to the anaesthetist's fees. The final total can vary depending on time, difficulty and other factors. It does not cover services provided by other doctors, or other costs associated with your stay in the hospital/day surgery unit, e.g. accommodation, or pharmacy. Sometimes, in the event of unforeseen circumstances, it may be necessary to arrange additional medical services, resulting in further charges to you.

You will be provided with a more accurate, individualised estimate once my office has received your details. If you have any concerns, please contact my office directly; details are provided on the back of this brochure. Patients not covered by health insurance will be requested to prepay the total fee (which will be greater than the out of pocket cost only) prior to the procedure.

Please note the out of pocket cost varies by health fund. I set the **total anaesthetic fee**. The **rebate**, by contrast, is set by Medicare and your health fund. Individual funds have their own policies on how this is calculated.

Estimated out of pocket costs

- Hysteroscopy, D&C, and other minor procedures
 - Most health funds: \$190
 - LaTrobe, Frank: \$290
 - Nib (including APIA, Qantas Assure): \$350
 - Uninsured: \$450
- Laparoscopic procedures
 - Most health funds: \$375
 - LaTrobe, Frank: \$450
 - Nib (including APIA, Qantas Assure): \$600
 - Uninsured: \$800